

Menus
for **January**
2024

**CenClear
Headstart**

Happy Year of the Dragon!



**Looking for a job
with family-friendly
hours?**

SCASD Food Services has
part time positions available.
\$16.75/hr.
Contact us for
additional information.

814-231-5095
foodservices@scasd.org

The SCASD Food Service
Department is proud to
partner with CenClear to
provide high quality
meals for children. Feel
free to contact us with
questions or concerns.

814-231-5095
foodservices@scasd.org

Monday, January 1

Happy New Year!

**Menus are
Subject to Change**

Tuesday, January 2

Banana Bread,
Applesauce, Milk

Chicken Nuggets (4) & Pretzel
OR Cheese Sticks (3) & Pretzel
Corn (1/4 c) Pears (1/4 c)
Milk

Wednesday, January 3

Cinnamon Rice Chex,
Dried Cherries, Milk

Italian Dunkers (3+1)
Fresh Veggies (1/4 c)
Peaches (1/4 c)
Milk

Thursday, January 4

Blueberry Muffin,
Orange Slices, Milk

Black Bean Dip & Chips
Cucumber Slices (1/4 c)
Pineapple (1/4 c)
Cinnamon Churro Milk

Friday, January 5

Mini French Toast,
Strawberry Cup, Milk

Chicken Fillet (1/2 ea)
String Cheese (1 ea) Pasta (1/2 c)
Broccoli (1/4 c) Apple Slices (1/2 pkg)
Milk

Monday, January 8

Banana Bread,
Apple Juice, Milk

Chicken Nuggets (4) & Roll
OR Hummus & Flatbread
Peas (1/4 c) Applesauce (1/4 c)
Milk

Tuesday, January 9

Rice Chex,
Pineapple, Milk

Pierogies (6 ea)
Roasted Broccoli (1/4 c)
Strawberry Cup (1/2 ea)
Milk

Wednesday, January 10

Cheerios,
Banana, Milk

Cheeseburger OR Impossible Burger
Baked Beans (1/4 c)
Apple Slices (1/2 pkg)
Baked Chips
Milk

Thursday, January 11

Blueberry Muffin,
Pears, Milk

Cheesy Lasagna & 1/2 Bread Stick
Pepper Strips (1/4 c)
Pineapple (1/4 c)
Milk

Friday, January 12

Mini Waffles,
Orange Slices, Milk

French Bread Pizza
Sweet Potato Fries (1/4 c)
Peaches (1/4 c)
Milk

Martin Luther King Day

**I look to a day
WHEN PEOPLE
will not be judged
BY THE COLOR
of their skin but
BY THE CONTENT OF THEIR
CHARACTER**

Tuesday, January 16

No School Today

Wednesday, January 17

No School Today

Thursday, January 18

Cinnamon Chex,
Pears, Milk

Big Daddy's Pizza
Cucumber Slices (1/4 c)
Strawberry Cup (1/4 c)
Grahams Milk

Friday, January 19

French Toast,
Pineapple, Milk

Pasta (1/2 c) & Meatballs (3)
OR Pasta & String Cheese (2)
Pepper Strips (1/4 c)
Melon (1/4 c) Milk

Monday, January 22

Yogurt (4 oz),
Pineapple, Milk

Warm Cheese Pretzel
Corn (1/4 c)
Peaches (1/4 c)
Milk

Tuesday, January 23

Banana Bread,
Pears, Milk

Hot Dog OR Yogurt Parfait
Baked Beans (1/4c)
Apple Slices (1/2 pkg) Chips
Milk

Wednesday, January 24

Cherrios,
Banana, Milk

Roasted Chicken & Roll
OR Impossible Burger
Sweet Potato Fries (1/4 c)
Applesauce (1/4 c) Milk

Thursday, January 25

Blueberry Muffin,
Peaches, Milk

Fish Sticks(2) w/
Mac & Cheese (1/2c)
Pepper Strips (1/4 c)
Orange Slices (1/2 ea) Milk

Friday, January 26

Waffles,
Juice, Milk

Pizza Munchie Lunch
Baby Carrots (1/4 c)
Grapes (1/4 c)
Milk

Monday, January 29

Cinnamon Rice Chex,
Craisins, Milk

Chicken Nuggets (4) & Roll
OR Hummus & Flatbread
French Fries (1/4 c)
Applesauce (1/4 c) Milk

Tuesday, January 30

Banana Bread,
Pineapple (1/2 c), Milk

Big Daddy's Pizza
Cucumbers (1/4 c)
Melon (1/4 c)
Milk

Wednesday, January 31

Rice Chex,
Banana, Milk

Grilled Cheese Sandwich
Tomato Soup (1/2 c)
Pineapple (1/4 c)
Goldfish Crackers Milk

Thursday, February 1

Yogurt (4 oz), Berries,
Milk

Pancake (1) & Cheesy Eggs
Potatoes (1/4 c)
Orange Slices (1/4 c)
Milk

Friday, February 2

Mini French Toast,
Juice, Milk

French Bread Pizza
Baby Carrots (1/4 c)
Pears (1/4 c)
Milk